
PROCRASTINATION – THE SILENT KILLER

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I. Procrastination refers to the act of replacing high-priority actions with tasks of lower priority or doing something from which one derives enjoyment and thus putting off important tasks to a later time.

II. Eight reasons why we should talk about procrastination

III. Scriptural Evidence of Procrastination

- Prov. 14:1
- Prov. 27:1
- Prov. 18:9
- Prov. 10:4
- Prov. 24:12
- Prov. 10:4
- Prov. 10:26
- Lu 9:59-62.
- Heb. 3:7-8.
- **In a positive sense,**
 - Prov. 10:4
 - Prov. 22:24
 - Prov. 22:27
 - Prov. 22:29
 - Prov. 22:27

IV. Why is procrastination a silent killer? Gen 1:26-27

Procrastination is a silent killer because it denies what God intended us to be.

When God created man, he created him in his likeness.

What is the chief end of man?

The chief end of man is to bring God glory and to enjoy him forever.

A. As Material Beings:

B. As a Spiritual Being:

C. As a Moral Being:

D. As Social Being:

E. As a Working Being:

F. The fall: Gen chapter 3

a. Genesis 6:5

b. Romans 3:10-12

G. A closer look at man as a Moral Being

a. At creation God created man as a moral

b. When the fall took place the nature of man changed.

c. But God had a plan to remedy the problem through His son ,

- Eph 4:24

- Col 3:10

- James 3:9

- Eph 4:23

d. Examples of Procrastination:

- Husbands must stop procrastinate at loving their wives as Christ loved the church

- **Fathers cannot procrastinate at loving their children.
This means they must**

- **A married couple procrastinates when they develop their careers instead of deepening their relationship and friendship.**

- **Members of your church procrastinate:**

- **As believers we often think of work in an ungodly way and we procrastinate when we see work as:**

- **Deacons procrastinate when:**

- **This means that as elders must not procrastinate at making every effort to teach, preach, shepherd and pray and not replace it with the lesser which can include:**
- **A young man procrastinates when he habitually chooses to keep himself busy with lesser important things that are more fun when he should be studying or work.**
- **Young woman might procrastinate by:**

H. Further Scriptural Examples of Procrastination.

a. Thessalonians: In 2 Thessalonians 3:10

b. Thessalonians: 1 Thessalonians 5:14

c. David: In 2 Samuel 10:11

d. 2 Sam 12:7-8,

e. Rom 8:28-30

f. **Philippians : Phil 2:13-17.**

V. How do we deal with procrastination? In order for us to start dealing with procrastination, we must keep 4 things before us –

1. Know that procrastination is a sin against God.
 - a. Self-centredness must be replaced with god-centeredness.
 - b. Putting off and a putting on.
2. Know that God provided us with the resources to deal with procrastination
3. We procrastinate because there is something wrong with our hearts.
4. As those who naturally procrastinate we must ask – how do I plan God's way?

A. Firstly: when we deal with procrastination we must not only know but confess that we have sinned against God.

a. What is sin?

B. When we deal with procrastination we must know that God provided us with the resources

- a. **Phil 1:6**
- b. **1 Cor 10:13**
- c. **Rom 8:37**
- d. **2 Cor 9:8**
- e. **Phil 4:13**
- f. **His Word: 2 Tim 3:15 – 17**
- g. **Proverbs 3: 5-6**
- h. **Ps 119:9 – 16**
- i. **Imperatives – commands – procrastination is directly linked to not doing God's Word.**
 - i. **James 1:22 -25**
 - ii. **Matt 7:21-23**
 - iii. **Luke 8:19-21**
 - iv. **John 13:17**
 - v. **John 8:31-32**

If we procrastinate on imperatives we will overemphasize the grace of God at work in us and neglect the human responsibilities that God has given us to glorify Him with. In speaking to believers God says in:

- **Phil 2:12-13.** So then, my beloved, just as you have always obeyed, not as in my presence only, but now much more in my absence, work out your salvation with fear and trembling; ¹³ for it is God who is at work in you, both to will and to work for *His* good pleasure.
- **1 Peter 1:15-16** but like the Holy One who called you, be holy yourselves also in all *your* behavior; ¹⁶ because it is written, “YOU SHALL BE HOLY, FOR I AM HOLY.”
- **Rom 6:6-7** knowing this, that our old self was crucified with *Him*, in order that our body of sin might be done away with, so that we would no longer be slaves to sin; ⁷ for he who has died is freed from sin.
- **1 Tim 4:7** But have nothing to do with worldly fables fit only for old women. On the other hand, discipline yourself for the purpose of godliness;
- **1 Cor 9:27** - but I discipline my body and make it my slave, so that, after I have preached to others, I myself will not be disqualified.
- **2 Cor 7:1** Therefore, having these promises, beloved, let us cleanse ourselves from all defilement of flesh and spirit, perfecting holiness in the fear of God.
- **Rom 6:19** I am speaking in human terms because of the weakness of your flesh. For just as you presented your members as slaves to impurity and to lawlessness, ^[a]resulting in *further* lawlessness, so now present your members as slaves to righteousness, ^[b]resulting in sanctification.

- **Heb 12:14** Pursue peace with all men, and the sanctification without which no one will see the Lord.

C. When we deal with procrastination we must deal with it from the heart - This means we do not look at the externals but we look at what is happening in our hearts. By hearts I'm referring to:

a. What is worship?

b. What is a heart idol?

- **Discontentment:**

- **Escapism**

- **Neglect biblical priorities and roles.**

- **Pleasure and worldliness**

D. When we deal with procrastination, we must learn to plan God's way

a. Wrong reasons

b. What is a disciple? Luke 14:

i. **Jesus says that becoming His disciple demands the abandonment of past priorities.**

ii. **The second and critical component in being Christ's disciple is being His disciple demands not just the abandonment of past priorities, but the appraisal of present powers.**

iii. **Third point: Being Christ's disciple demands allegiance to future privileges, future possibilities, maybe, if you like that better, future potential.**



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